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Non-Creditable Infant Foods

The foods listed below do not contribute toward the CACFP meal pattern requirements for infants (children 0-11 months of age). The list is not all-inclusive of non-creditable foods. Use of a product brand name is not an endorsement, but is used for clarity in this handout.

Breads/Crackers

- Pancakes, muffins, waffles
- Ready to eat cold breakfast cereals

Cereals

- Commercial premixed baby food cereal (in jars)
- Commercial iron fortified dry infant cereal containing fruit
- Cooked breakfast cereals such as oatmeal or Cream of Wheat
- Ready to eat cold breakfast cereals such as Cheerios or Kix

Fruit/Vegetable

- Commercial combination baby food dinners
- Commercial baby food desserts or puddings
- Commercial baby food (in jars) with DHA in the list of ingredients
- Commercial baby food fruit or vegetable with "water" as the first ingredient
- Fruit "drinks" (any fruit beverage with less than 100% full strength fruit juice)

Iron-fortified Infant Formula Substitutes

- Buttermilk
- Evaporated milk
- Hot chocolate, chocolate milk
- Low iron infant formula *
- Reduced fat milk
- Whole milk*
- * May be credited as a meal pattern component only if there is an approved Request for Special Dietary Needs Accommodations form and Formula/Food Sign-Off Statement on file listing this specific food as a substitute.

Meat/Meat Alternate

- Canned fish with bones
- Commercial combination baby food dinners
- Commercial fish sticks, breaded or battered fish or seafood products
- Egg white
- Hot dogs, sausages
- Meat sticks or "finger sticks"
- Nuts and seeds
- Peanut butter and other nut or seed butters
- Whole Eggs
- Yogurt

Other foods

- Chocolate
- Home-canned infant foods
- Honey

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